

BALTIMORE COMMUNITY RESOURCES



Food Support

Maryland Food Bank

Enter your ZIP code to find a food bank near you.

Click [here](#)

GEDCO Food Pantry

Food distribution on Mondays and Thursdays 9:00 AM-11:00 AM and Saturdays 10:00 AM-12:00 PM.

1010 East 33rd Street, Baltimore, MD 21218

(410) 433-2442

For more information click [here](#)

City of Refuge Food Pantry

Prepared Meals: Monday-Thursday 10:00 AM -1:00 PM

Baby Supplies: Tuesday 9:00 AM - 12:00 PM

Food Pantry: Monday, Wednesday and Thursday 8:00 AM - 12:00 PM

3501 7th St, Baltimore, MD 21225

(410) 355-6707

For more information, click [here](#)

Fishes & Loaves Food Pantry

Food distribution Monday through Friday from 9:00 AM to 3:00 PM. ID and proof of address required.

2422 W Patapsco Ave, Baltimore, MD 21230

(410) 525-0969

For more information, click [here](#)

New Life Food Pantry

Food distribution Monday through Friday from 9:00 AM-1:30 PM.

2401 East North Avenue, Baltimore, MD 21213

(443) 800-0213



Financial Support

GEDCO

Help with pending evictions, utility shutoffs, and prescription costs.

**1010 East 33rd Street
Baltimore, MD 21218**

(410) 433-2442

For more information and requirements, click [here](#)

Human Resources of Maryland

Help with paying electric and heating bills.

1-800-332-6347

For more information and requirements, click [here](#)

The Salvation Army

Rent and utility assistance, emergency food pantry and more.

For more information, click [here](#)

Catholic Charities

Offers meals, shelter, case management, and access to resources to the homeless and low income.

**320 Cathedral Street
Baltimore, MD 21201**

(667) 600-2000

For more information and requirements, click [here](#)



Healthcare Support

Chase Brexton Healthcare

Low-cost services for general medicine, pediatrics, mental health, dental and more.

1111 North Charles Street, Baltimore, MD 21201

Appointments: (410) 837-2050

Find a nearby location [here](#)

Park West Health System

High-quality primary and preventive medical care.

(410) 512-7800

Find a location near you [here](#)

Total HealthCare (Different Locations)

General medical care, dental, pharmacy, substance abuse treatment services, mental health services and more. Low-cost services are based on your income.

(410) 383-8300

Find a location near you [here](#)

Family Health Centers

Pediatric clinic, telehealth, general medicine, dental, mental health and more for people with and without insurance.

Fees are based on income and family size.

631 Cherry Hill Rd, Baltimore, MD 21225

(410) 354-2000

For more information and requirements, click [here](#)

Health for the Homeless

Medical, mental health, and support services for those who are homeless, living with friends, neighbors, or family.

421 Fallsway, Baltimore, MD 21202

(410) 837-5533

Find a clinic near you [here](#)



Additional Resources

Catholic Charities

Mental health services, senior support, early childhood education and more.

**320 Cathedral Street
Baltimore, MD 21201**
(667) 600-2000

More information [here](#)

211

24/7 access to resources you need (housing, utilities, medical, financial assistance, food, and more).

Call 211
Text your ZIP code to
898211

Visit the website [here](#)

House of Ruth Maryland

Emergency shelter, legal help, counseling for victims of domestic violence.

**2201 Argonne Drive
Baltimore, MD 21218**
24/7 Hotline: (410) 889-7884

More information [here](#)

Help with Pets

Baltimore Humane Society

Free spay/neuter and rabies vaccine to those who qualify. Appointment required.

1601 Nicodemus Road, Reisterstown, MD 21136
(410) 833-8848

For more information and requirements, click [here](#)

Barcs

Free or low-cost spay/neuter, vaccination, microchip, food bank, and veterinary care.

2490 Giles Road, Baltimore, MD 21225
(410) 396-4695

For more information and requirements, click [here](#)