

# HOUSTON COMMUNITY RESOURCES



## Food Support

### Neighbors Helping Neighbors

Food distribution on Thursdays from 4:00 PM to 6:00 PM and Saturdays from 10:00 AM to 12:00 PM. ID and proof of address required.

**3523 Beauchamp St, Houston, TX 77009**

(713) 861-6155

For more information, click [here](#)

### Immaculate Conception FP

Meal distribution on the 1st and 2nd Saturday of the month from 8:00 AM to 10:00 AM.

**7250 Harrisburg Blvd, Houston, TX 77011**

(713) 921-1261

For more information, click [here](#)

### New Providence Baptist Church

Food distribution on the 3rd and 4th Saturday of each month from 11:00 AM to 1:00 PM.

**6640 Weston St, Houston, TX 77021**

(713) 748-1040

### Fair Haven Food Bank

Monday through Friday 10:00 AM - 2:00 PM. ID required.

**1330 Gessner Rd, Houston, TX 77055**

(713) 467-4363.

For more information, click [here](#)

### East Spring Food Bank

Food and nutritional classes. ID and proof of residency required.

**7901 Westview Drive, Houston, TX 77055**

(713) 464-0852

For more information, click [here](#)

### Houston Food Banks

Enter your location to find a food bank near you.

(832) 369-9390

Click [here](#)



# Financial Support

## Christian Community Service Center

Help with rent, utilities, hygiene items, clothing, and more.

**3434 Branard Street, Houston, TX 77027**

(713) 961-3993

For more information, click [here](#)

## Society of St. Vincent de Paul

Help with rent, utility payments and more. Call for information about a center near you.

(713) 741-8234

For more information, click [here](#)

## Baker-Ripley Neighborhood Center

Help with electric, gas, and water bills.

(713) 590-2327

For more information and requirements, click [here](#)

## ECHOS

Assistance paying rent and other services.

(713) 270-0369

For more information and requirements, click [here](#)

## House of Amos

Rent and utility assistance for qualifying residents. Must submit an application via email.

(832) 977-1208

For more information and requirements, click [here](#)

## The Salvation Army

Shelters, disaster assistance, food, family programs and more.

(713) 752-0677

Find a location near you [here](#)



# Healthcare Support

## Houston Health Centers

A variety of low-cost or free medical services based on financial circumstances and insurance status.

(832) 393-4220

Choose a service and find a location near you [here](#)

## San Jose Clinic

A variety of low-cost medical services for the low income and uninsured. Must submit online application.

**2615 Fannin St, Houston, TX 77002**

(713) 228-9411

For more information and requirements, click [here](#)

## Spring Branch Health Centers

A variety of low-cost medical services based on financial circumstances and insurance status. Payment plans available for those who qualify.

(713) 462-6565

Find a location near you [here](#)

## Hope Clinics

A variety of low-cost medical services based on financial circumstances and insurance status. Payment plans available for those who qualify.

(713) 773-0803

Find a location near you [here](#)

## Legacy Community Health

A variety of low-cost medical services based on financial circumstances and insurance status. Payment plans available for those who qualify.

(832) 548-5000

Find a location near you [here](#)



# Additional Resources

## Houston Area Women's Center

Crisis center, shelters, free counseling and legal resources for domestic violence victims.

**Domestic Violence Hotline:**  
(713) 528-2121

**Sexual Assault Hotline:**  
(713) 528-7273

More information [here](#)

## 211

24/7 access to resources you need (housing, utilities, medical, financial assistance, food, and more).

**Call 211**  
**Text your ZIP code to 898211**

Visit the website [here](#)

## HCDVCC

Multiple crisis centers, shelters, and support resources for domestic violence victims.

**24/7 Hotline:**  
1-800-799-7233

Find a center near you [here](#)

# Help with Pets

## Emancipet

Low-cost services including checkups, vaccinations, microchips, flea/tick prevention, and spay/neuter.

**910 South Wayside Dr, #100, Houston, TX 77023**  
**8533 Gulf Fwy, Houston, TX 77017**  
**13830 NW Fwy, Houston, TX 77040**

(713) 321-2713

For more information, click [here](#)

## Houston Humane Society

Low-cost services such as vaccinations, spay/neuter, and pet pantries.

**14700 Almeda Rd, Houston, TX 77053**  
(713) 433-6421

For more information, click [here](#)