

ORLANDO COMMUNITY RESOURCES



Food Support

JFS Orlando

Food distribution Monday through Thursday from 9:00 AM to 4:00 PM. ID and appointment required.

2100 Lee Road, Winter Park, FL 32789

Appointments: (407) 644-7593

For more information, click [here](#)

Human Crisis Center

Low-cost groceries and fresh produce.

5514 Edgewater Dr, Orlando, FL 32810

(407) 521-7750

For more information, click [here](#)

One Humane Inc.

Food distribution every Friday from 11:30 AM to 12:30 PM.

1025 S Orange Blossom Trl, Orlando, FL 32805

(407) 734-1980

For more information, click [here](#)

Second Harvest

Enter your address and find a food distribution near you.

Click [here](#)

Catholic Charities

Food distribution in multiple locations. You must request an appointment online.

(407) 658-1818

For more information, click [here](#)

Serenity's Grace

Food distribution every Tuesday from 3:00 PM – 6:00 PM.

716 W Robinson St, Orlando, FL 32805

(407) 470-9091



Financial Support

Community Legal Services

Free legal assistance for qualifying residents of Central Florida.

122 E Colonial Drive, Suite 200, Orlando, FL 32801

(800) 405-1417

For more information and requirements, click [here](#)

The Sharing Center

Assistance with rent/mortgage, tax preparation, food, clothing and more for Seminole County residents.

600 North Highway 17 92, Suite 130

Longwood, FL 32750

(407) 260-9155

For more information and requirements, click [here](#)

The Salvation Army

Assistance with rent/mortgage, utility bills, food, shelter, and more.

416 W Colonial Dr, Orlando, FL 32804

(407) 423-8581

For more information and requirements, click [here](#)

Catholic Charities

Emergency financial assistance, immigration services, and more.

(407) 658-1818

To request assistance, click [here](#)

Community Services for Children

Financial assistance for early education and child care for those who qualify.

For more information and requirements, click [here](#)



Healthcare Support

Health Center Orange Blossom

Multiple locations with a variety of low-cost medical services for the insured/uninsured. Rates are based on income and family size.

232 N Orange Blossom Trail, Orlando, FL 32805

(407) 428-5751

For more information and requirements, click [here](#)

Affordable Care Clinics

Multiple locations with a variety of low-cost medical services for the uninsured. Rates are based on income and family size.

1650 Sandlake Rd, Suite 112a, Orlando, FL 32809

(407) 286-1829

For more information and requirements, click [here](#)

Shepherd's Hope

Various clinics in Orange and Seminole counties that offer free medical services for the qualified uninsured.

101 S Westmoreland Dr, Orlando, FL 32805

(407) 876-6699

For more locations and requirements, click [here](#)

Catholic Charities

Multiple locations with a variety of free medical and dental services for the uninsured.

For more information and requirements, click [here](#)

True Health

Multiple locations with a variety of low-cost medical services for the insured/uninsured. Rates are based on income and family size.

(407) 322-8645

Find a location near you [here](#)



Additional Resources

Harbor House FL

Shelter, counseling, and legal advocacy for domestic abuse victims.

24/7 Hotline:
(407) 886-2856

More information [here](#)

211

24/7 access to resources you need (housing, utilities, medical, financial assistance, food, and more).

Call 211
Text your ZIP code to 898211

Visit the website [here](#)

NAMI Florida

Free mental health services, support groups, resources, and education.

(850) 671-4445

More information [here](#)

Help with Pets

Pet Alliance

Low-cost veterinary services, spay/neuter, and vaccinations.

12050 E. Colonial Dr, Orlando, FL 32826

(407) 351-7722

2800 County Home Rd, Sanford, FL 32773

(407) 351-7722

For more information and requirements, click [here](#)

Orlando Humane Society

Low-cost spay and neuter services.

Find a location near you [here](#)