

TAMPA COMMUNITY RESOURCES



Food Support

Feeding Tampa Bay

Enter your ZIP code to find a food bank near you.

Click [here](#)

Beth's Food Bank

Food distribution every 2nd, 3rd and 4th Tuesdays from 9:00 AM to 12:00 PM.

3101 34th St, Tampa, FL 33605

(813) 248-8700

For more information, click [here](#)

Community Food Bank

Food distribution on Sundays from 12:00 PM to 2:00 PM and Wednesdays from 9:00 AM to 11:00 AM.
ID required.

13115 S Village Dr, Tampa, FL 33618

(813) 963-2772

Bay Chapel Food Bank

Food distribution every Saturday from 9:30 AM to 11:30 AM.

19911 Bruce B Downs Blvd, Tampa, FL 33647

(813) 618-3872

For more information, click [here](#)

ABE Brown Ministries

Food distribution the last two Fridays 8:00 AM to 12:00 PM.

2921 N 29th Street, Tampa, FL 33605

(813) 247-3285

For more information and registration details, click [here](#)



Financial Support

Bus Pass Program

Free Sunshine Line or HARTPlus bus pass program for the for those who qualify.

(813) 272-7272

For more information and requirements, click [here](#)

Hillsborough County Social Services

Assistance paying utilities, rent/mortgage, and more.

601 E Kennedy Blvd, Tampa, FL 33602

(813) 301-7341

For more information and requirements, click [here](#)

The Salvation Army

Assistance with rent/mortgage, utilities, and more.

1603 N Florida Ave, Tampa, FL 33602

(813) 443-2778

For more information, click [here](#)

Metropolitan Ministries

Assistance with rent, utilities, family support centers, food, and more.

(813) 209-1000

For more information, click [here](#)

St. Vincent de Paul Tampa

Financial assistance with rent, utilities, food, medicine, clothing and more.

For more information, click [here](#)



Healthcare Support

Judeo Christian Health Clinic

Free clinic with various medical services for uninsured Tampa residents.

4118 N. Macdill Ave
Tampa, FL 33607
(813) 870-0395

For more information and requirements, click [here](#)

Tampa Family Health Centers

Clinics that provide various medical services for the insured and uninsured.

(813) 397-5300

Find a location near you and requirements [here](#)

Calvary Community Clinic

Various free medical services for uninsured Hillsborough County residents.

3401 E Louisiana Ave
Tampa, FL 33610
(813) 238-6000

For more information and requirements, click [here](#)

Suncoast Community Health Center

Various medical services for the insured and uninsured. Request an appointment online.

7728 Palm River Rd
Tampa, FL 33619
(813) 653-6100

For more information and requirements, click [here](#)



Additional Resources

The Spring of Tampa Bay

Shelter, legal services and other resources for domestic violence victims.

24/7 Hotline:
(813) 248-1050

More information [here](#)

211

24/7 access to find the resources you need (housing, utilities, medical, financial assistance, food, and more).

Call 211
Text your ZIP code to 898211

Visit the website [here](#)

Tampa Bay Crisis Center

Counseling, support groups, resources and more.

1 Crisis Center Plaza
Tampa, FL 33613
(813) 964-1964

More information [here](#)

Help with Pets

The Humane Society of Tampa Bay

Low-cost spay/neuter, vaccinations, and free food.

3607 N Armenia Ave, Tampa, FL 33607
(813) 876-7138

For more information and requirements, click [here](#)

Animal Coalition of Tampa

Low-cost vaccinations, exams, spay/neuter, surgeries, and dental services.

8501 Ladue Lane, Tampa, FL 33614
(813) 250-3900

For more information and requirements, click [here](#)